



GoShinKai Grading System Part 4

4. Minimum Qualification Periods for Grading

Minimum age for 1st Dan is 15 years, and for 4th Dan is 22 years.

Completion of general Goshinkai and special courses and training will be taken into consideration.

Level	Prerequisite HOMBU	GoShinKai* - as Hombu
6 Kyu	n/a	36hrs practice since joining 24 days' practice
5 Kyu	30 days' practice	45hrs practice after 6 Kyu: 30 days.
4 Kyu	40 days' practice after 5 Kyu	60hrs practice after 5 Kyu: 40 days
3 Kyu	50 days' practice after 4 Kyu	75hrs practice after 4 kyu: 50 days
2 Kyu	50 days' practice after 3 Kyu	75hrs practice after 3 kyu 50 days
1 Kyu	60 days' practice after 2 Kyu	90hrs practice after 2 kyu 60 days
1 Dan	70 days' practice after 1 Kyu	105hrs after 1 kyu 70 days
2 Dan	Min. 1 year since 1 Dan, with 200 days' practice	Min. 1 year after 1 Dan, with at least 300hrs practice
3 Dan	Min. 2 years since 2 Dan, with 300 days' practice	Min. 2 years after 2 Dan, with at least 450hrs practice
4 Dan	Min. 3 years since 3 Dan, with 400 days' practice	Min. 3 years after 3 Dan, with at least 600hrs practice
5 Dan **	5 years (to be confirmed#)	
6 Dan **	6 years (to be confirmed#)	
7 Dan **	12 years (to be confirmed#)	
8 Dan **	15 years (to be confirmed#)	

*Taking "one day's practice" to be the equivalent of one class of 1.5 hours' duration. N.B. These are the minimum qualification periods. It is the instructor's decision whether the candidate has reached the required standard and is ready to grade.

**Promotion decided by Hombu

source of information: UKA

Grading Fees

Kyu Grading Fees: Please confirm with your own club.

Dan Grading Fees: Yudansha registration and grading fees are payable to Hombu, Aikikai Foundation, Japan. Please confirm with GSK Registrar prior to undertaking grading